

## Recipe

Though drenched in deep melancholy,  
and world turned upside-down  
with uncommon grace,  
let's combine trauma

This is fresh air,  
for a moment, I loved it  
I asked if it was safe  
just to save on time and mess

with no small burden properly cared for  
even more so, it's pain

even more so I thought,  
"I hope I haven't completely destroyed."